



Considerations When Choosing a Gait Trainer



A gait trainer is a wheeled frame designed to provide upper body support as an individual acquires or regains the gait skills needed to walk independently. Unlike a standard walker, gait trainers offer numerous positioning and support accessories to support a person's needs and goals. Gait trainers are best selected with guidance from a physical therapist. Size and weight capacity are essential considerations. Answer the questionnaire below to help you review the devices in our inventory.

Questions

1. Is the intended user a child or adult?
 - Child
 - Adult
2. Do you currently use a gait trainer?
 - Yes (if known, please indicate type) _____
 - No (if no, proceed to question # 6)
3. Is there a manufacturer sticker present?
 - Yes (make, model) _____
 - No
4. Why is your current gait trainer no longer usable for you? _____
5. What did/didn't you like about your gait trainer? (Do you want to duplicate what you have or need additional features?) _____
6. Do you know the approximate elbow height (the vertical distance from the bent **elbow to the floor** while the user is standing upright)?
Height _____
7. User's approximate height and weight?

Height _____

Weight _____

8. If known, please indicate which of the following accessories you may want/need:

- Arm Prompts
- Hip Positioners
- Pelvic Harness
- Chest Prompts
- Thigh Prompts
- Ankle Prompts
- Hand Loops
- Hand Holds
- Communication Tray
- Guide Bar
- Other _____