

## CONSIDERATIONS WHEN CHOOSING A STANDER

Standers (or standing frames) are devices designed to provide alternative positioning for wheelchair users by supporting the individual in a standing position. They come in different models, such as upright, supine, prone, multi-positioning, and sit-to-stand. Some of the purported physical benefits of regular use of a stander include maintaining bone density, improved posture, prevention of skin breakdowns, improved bowel and bladder function, and reduced muscle spasticity. It is also suggested that there are psychological benefits to standing, such as improved self-esteem and positive body image. An evaluation by a physical therapist is recommended to determine the model best suited for each individual.

After you complete this self-assessment, use your answers to look at the inventory to see which stander best meets your needs.

### STANDER QUESTION

1. Is the intended user a child or adult?
  - Child
  - Adult
2. Do you currently use a stander?
  - Yes (if known, please indicate type) \_\_\_\_\_
  - No (if no, proceed to question # 6)
3. Is there a manufacturer sticker present?
  - Yes
  - No
4. Why is your current stander no longer usable for you? \_\_\_\_\_
5. What did/didn't you like about your stander? (Do you want to duplicate what you have or need additional features?) \_\_\_\_\_
6. User's approximate height and weight?  
Height \_\_\_\_\_ Weight \_\_\_\_\_
7. Do you want/need a head support?
  - Yes
  - No

8. Do you want/need a swivel seat?

- Yes
- No

9. Do you want/need hip supports?

- Yes
- No

10. Do you want/need lateral supports?

- Yes
- No